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**Contact:**

pat@pathconner.com

**Website:**

http://pathconner.com

**Facebook:** Pat Holland Conner

## DOORWAYS TO SIGNIFICANCE: Finding Peace, Power & Passion

This book tells the story of an African-American girl born in the South during the 1940's with light skin and her emergence from a sense of non-belonging into one of well-being. She was not accepted by her own community and was rejected by those whose appearance she shared. Her story is one of survival and courage.

After a difficult divorce well into middle age, she took a leap of faith and volunteered with the U.S. Peace Corps. During the next seven years, she traveled from Thailand throughout Asia and the Middle East in desperate search for peace and love, unaware that her most important journey was within.

### Praise for Doorways to Significance

“Whether black, white, fat or skinny, anyone can relate to the feelings of inadequacy and self-doubt expressed in this book. The important point is to take that first step on the road to self-love and acceptance. Pat Holland Conner did exactly that.”

--Cathy Mastrantuono, Senior Healthcare  
Organizational Development Specialist.

“Pat delivers a message of hope as she shares her struggles toward acceptance. She gives alternatives to being stuck...”

--Gemma Greene Waldron, Esq.

### About the Author

A licensed family therapist and substance abuse counselor, Pat Holland Conner is a resident of Reno, Nevada. She owns Peaceful Path Consulting and through her educational and counseling activities, seeks to help her fellow journeyers achieve self-esteem and acceptance. She is a living example of her book's theme: “It's never too later to change the brokenness.”

**Pat is available nationwide for bookings.**

